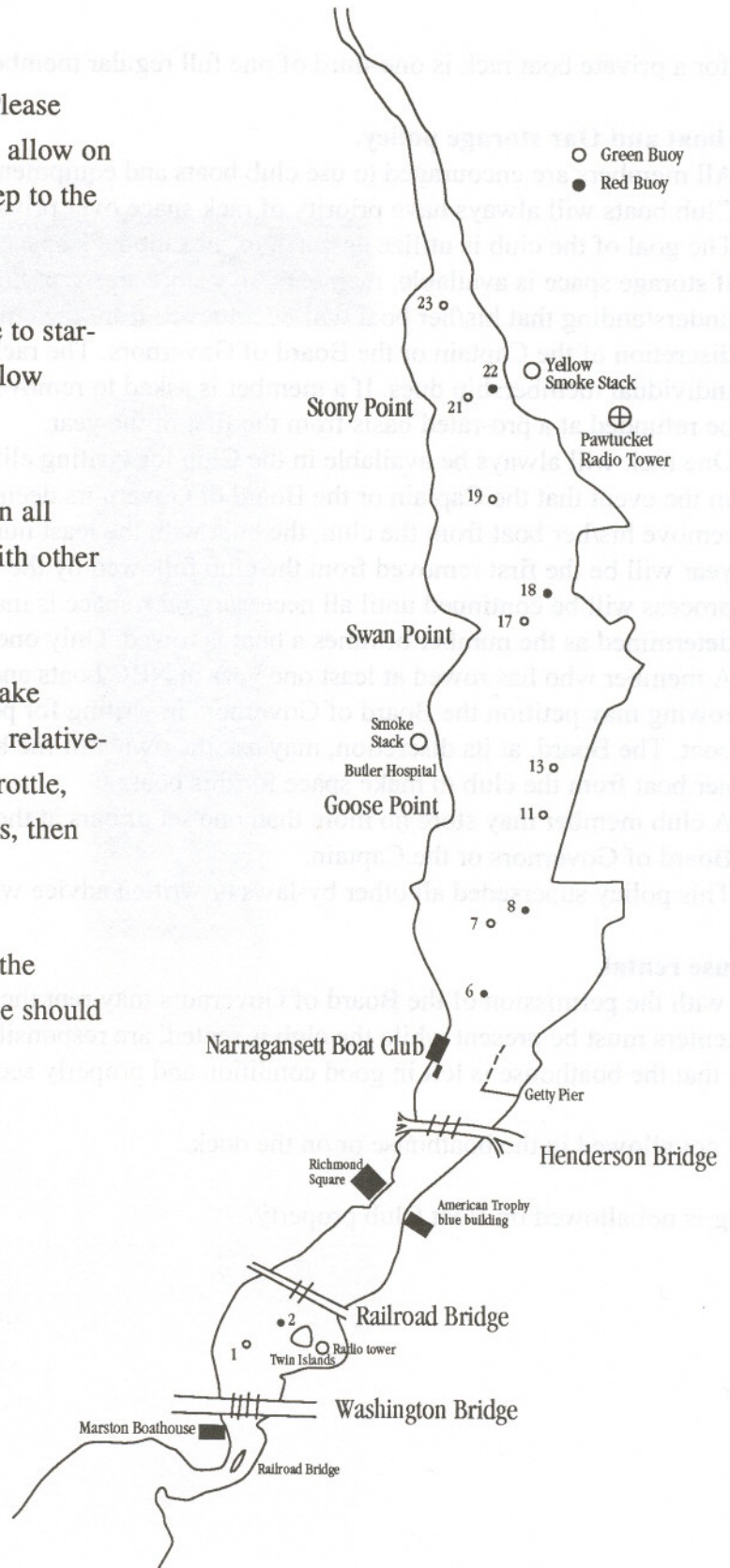


BASIC ROWING NAVIGATION RULES FOR THE SEEKONK

September 15, 1996

1. All boats should pass port to port. Please move as far to starboard as possible to allow on coming traffic adequate clearance. Keep to the right, stay out of the middle.
2. Slower traffic must yield and move to starboard (right as you face the bow) to allow faster traffic through.
3. Shells turning around must check in all directions to be sure not to interfere with other boats traveling the river.
4. Power boats should control their wake around all shells. It is best to approach relatively close to oncoming traffic, cut the throttle, eliminating your wake to let shells pass, then increase throttle to a normal pace.
5. If you see a shell approaching and the rower(s) / coxswain is not where he/she should be, let them know. Communicate.



NAVIGATION RULES FOR THE SEEKONK NORTHBOUND SHELLS

(continued)

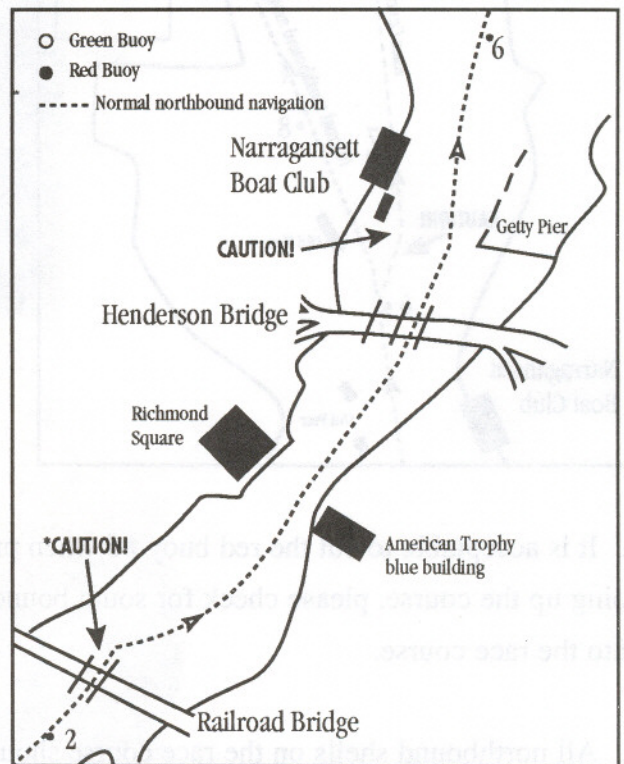
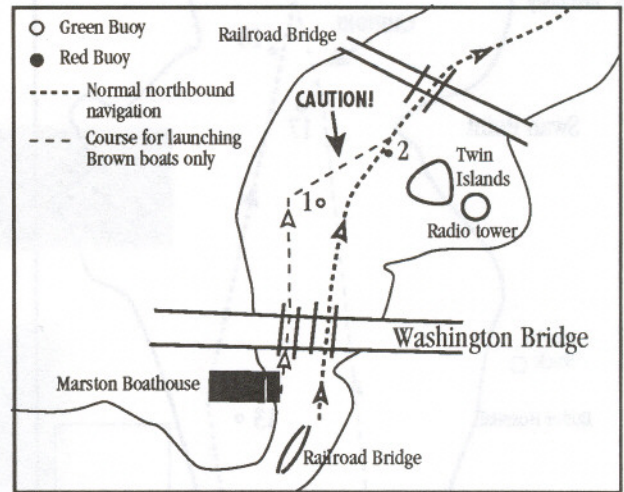
1. All shells must pass through the **main arch** of all bridges when rowing north. The only exception is for Brown University boats launching north from the Marston Boathouse.

2. Brown University boats launching north from the "Marston Boathouse Arch" shall cross over into the channel soon after buoy #1 and assume normal navigation rules.

3. After passing through the Railroad Bridge all shells should immediately turn to starboard and stay close to the East Providence shore thereby giving oncoming traffic plenty of clearance in this narrow part of the river. Coxswains aim for the blue building on the foundation of the old Red Bridge.

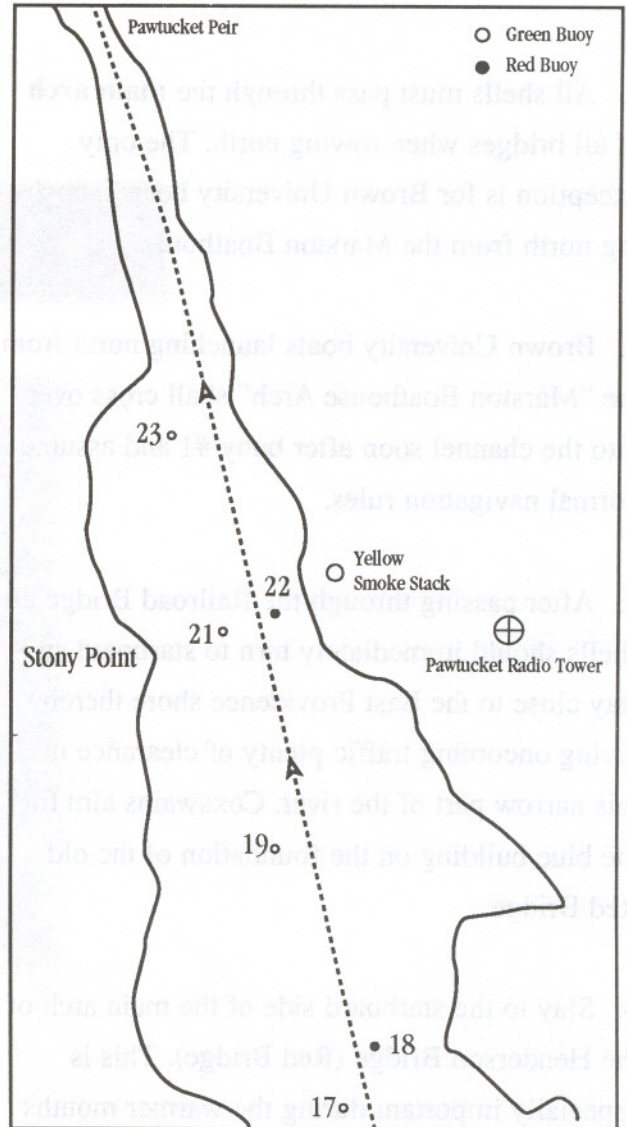
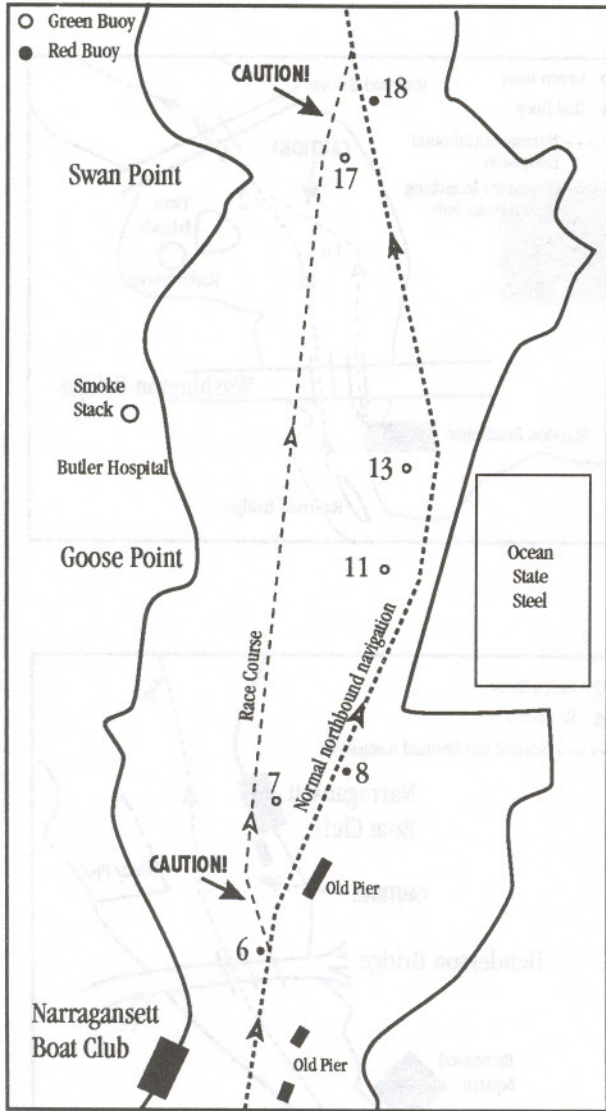
4. Stay to the starboard side of the main arch of the Henderson Bridge (Red Bridge). This is especially important during the warmer months when power boats will be passing through the main arch.

5. Pass well to the starboard side of the river by the Narragansett Boat Club.



NAVIGATION RULES FOR THE SEEKONK NORTHBOUND SHELLS

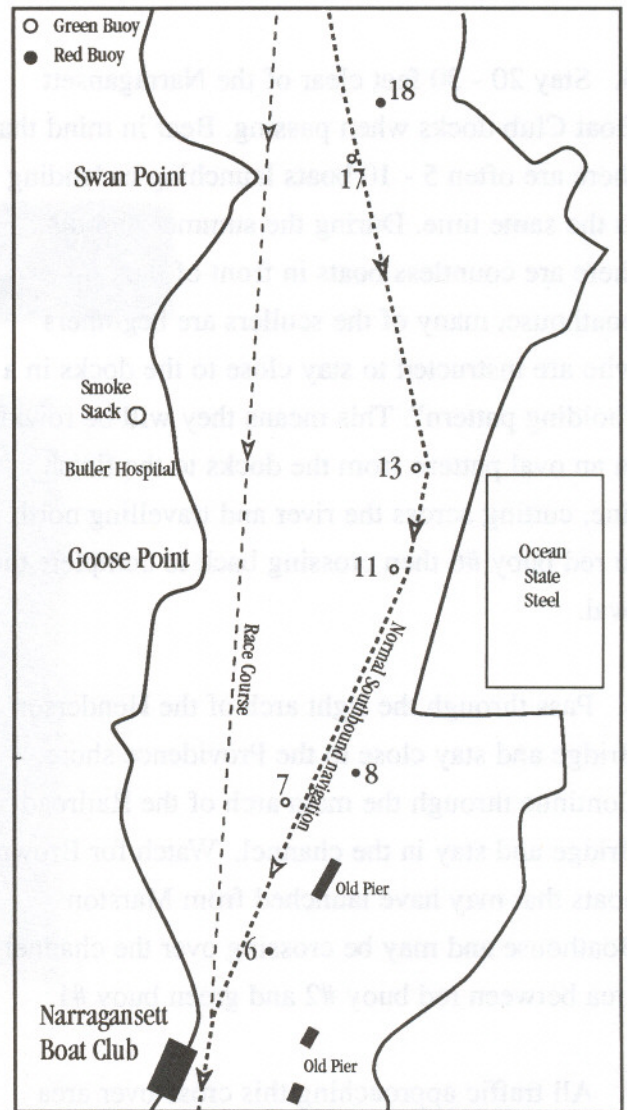
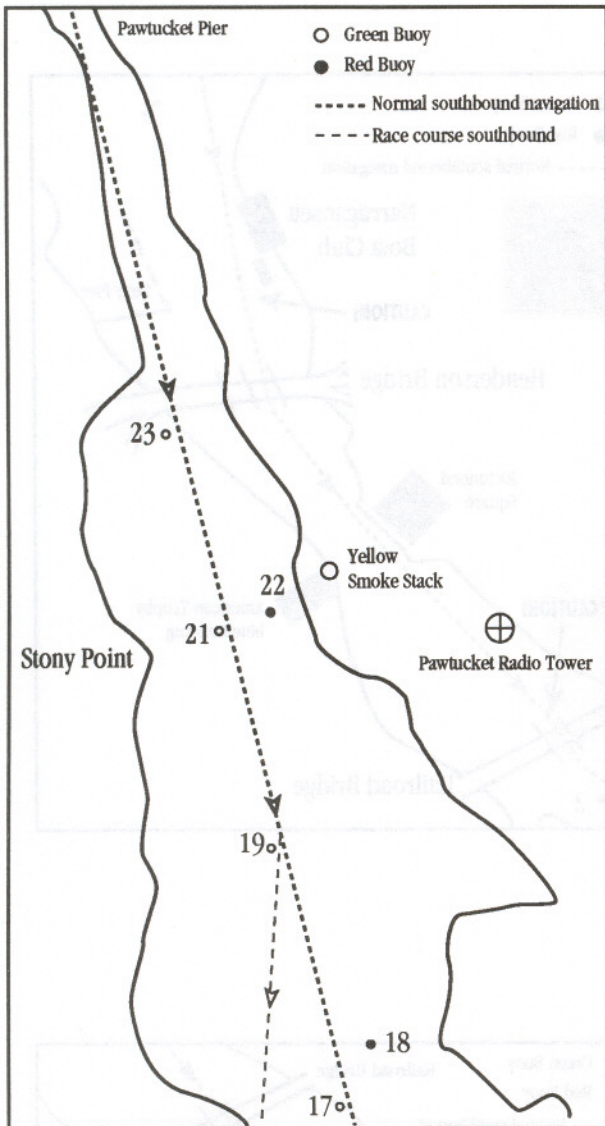
(continued)



6. It is acceptable to cut the red buoy #6 when proceeding up the channel or the race course. If you are going up the course, please check for south bound channel traffic before cutting across the channel onto the race course.
7. All northbound shells on the race course should row in the middle of the river. Coxswains aim for the Pawtucket radio tower. Scullers aim your stern on the left abutment of the main arch on the Henderson Bridge Do not row north up the Providence shore under **any circumstances**.
8. After passing the starting line and when passing buoy #17 shells should cut back into the channel and continue normal navigation rules to Pawtucket.

NAVIGATION RULES FOR THE SEEKONK SOUTHBOUND SHELLS

(Continued)



1. From Pawtucket stay to the starboard side of the channel. If you are going up the race course, cut to starboard (to the Providence shore) after buoy #19 heading for Swan Point which is the starting line. Watch for starting stakes in the river, especially during the spring.
2. After passing Swan Point, aim for the Narragansett Boat Club, this will put you in lane 1.

NAVIGATION RULES FOR THE SEEKONK SOUTHBOUND SHELLS

(continued)

3. Stay 20 - 30 feet clear of the Narragansett Boat Club docks when passing. Bear in mind that there are often 5 - 10 boats launching or landing at the same time. During the summer months there are countless boats in front of the boathouse, many of the scullers are beginners who are instructed to stay close to the docks in a "holding pattern". This means they will be rowing in an oval pattern from the docks to the finish line, cutting across the river and travelling north to red buoy #6 then crossing back to complete the oval.

4. Pass through the right arch of the Henderson Bridge and stay close to the Providence shore. Continue through the main arch of the Railroad Bridge and stay in the channel. Watch for Brown boats that may have launched from Marston Boathouse and may be crossing over the channel area between red buoy #2 and green buoy #1.

5. All traffic approaching this cross-over area that is not landing at the Marston Boathouse shall proceed with caution and pass close to green buoy #1 with a heading toward the right arch of the Washington bridge giving launching boats from Brown plenty of clearance.

6. Pass through the right arch of the Washington Bridge. All boats not landing at Brown stay clear of the Marston Boat House Arch.

